

2017 Illini Elite Summer Camps



Camp Code	Dates	Camp Description	Cost	Days - Sessions - Hours
IE01	June 28-30	Attacking/Serving - All Levels/Grades 5-12	\$180	3 days - 6 sessions - 15 hours
IE02	July 5-7	All Skills & Competition - All Levels/Grades 5-12	\$180	3 days - 6 sessions - 15 hours
IE03	July 6-7	2-day 1st Contact Camp (Pass-Dig-Serve) - (Grades 6-12)	\$120	2 days - 4 sessions - 10 hours
IE04	July 8-9	2-day Setter Position Camp (Grades 6-12)	\$120	2 days - 4 sessions - 10 hours
IE05	July 8-9	Outside Hitter Position Camp (Grades 7-12)	\$120	2 days - 4 sessions - 10 hours
IE06	July 10-11	Middle Hitter/Blocker Position Camp (Grades 7-12)	\$120	2 days - 4 sessions - 10 hours
IE07	July 10-12	Attacking/Serving - All Levels/Grades 5-12	\$180	3 days - 6 sessions - 15 hours
IE08	July 12-13	Outside Hitter Position Camp (Grades 7-12)	\$120	2 days - 4 sessions - 10 hours
IE09	July 13-14	Middle Hitter/Blocker Position Camp (Grades 7-12)	\$120	2 days - 4 sessions - 10 hours
IE10	July 14-15	2-day 1st Contact Camp (Pass-Dig-Serve) - (Grades 6-12)	\$120	2 days - 4 sessions - 10 hours
IE11	July 17-18	2-day Setter Position Camp (Grades 6-12)	\$120	2 days - 4 sessions - 10 hours
IE12	July 17-18	Outside Hitter Position Camp (Grades 7-12)	\$120	2 days - 4 sessions - 10 hours
IE13	July 19-22	4-day 1st Contact Camp (Pass-Dig-Serve) - (Grades 6-12)	\$240	4 days - 8 sessions - 20 hours
IE14	July 19-21	All Skills & Competition - All Levels/Grades 5-12	\$180	3 days - 6 sessions - 15 hours
IE15	July 24-25	Middle Hitter/Blocker Position Camp (Grades 7-12)	\$120	2 days - 4 sessions - 10 hours
IE16	July 24-27	4-day Setting Camp - (Grades 6-12)	\$240	4 days - 8 sessions - 20 hours
IE17	July 26-27	Outside Hitter Position Camp (Grades 7-12)	\$120	2 days - 4 sessions - 10 hours
IE18	July 28-29	2-day 1st Contact Camp (Pass-Dig-Serve) - (Grades 6-12)	\$120	2 days - 4 sessions - 10 hours
IE19	July 28-29	2-day Setter Position Camp (Grades 6-12)	\$120	2 days - 4 sessions - 10 hours
IE20	July 31-Aug. 2	Jr. High Attacking/Serving - All Levels/Grades 5-8	\$180	3 days - 6 sessions - 15 hours
IE21	Aug. 3-5	Jr. High All Skills & Competition - All Levels/Grades 5-8	\$180	3 days - 6 sessions - 15 hours
IE22	July 31-Aug. 3	***NEW*** IEVBC Tots & Tikes Camp - Level 1 Grades K-2 (9:00-10:30)	\$60	4 days - 4 sessions - 6 hours
IE23	July 31-Aug. 3	***NEW*** IEVBC Tots & Tikes Camp - Level 2 Grades 3-4 (10:30-12:00)	\$60	4 days - 4 sessions - 6 hours
IECL1	Start 6/28, End 7/28	Wed./Fri. Night Clinic-Attacking/Serving (Gr. 6-12) (no clinics 6/30 or 7/5)	\$145	5:00 - 6:30 (every Wed. & Fri.)
IECL2	Start 6/28, End 7/28	Wed./Fri. Night Clinics -Passing/Defense (Gr. 6-12) (no clinics 6/30 or 7/5)	\$145	6:30 - 8:00 (every Wed. & Fri.)
IEMV	Start 6/30, End 7/28	Friday Night Mini-Volleyball & VolleyTots - Grades 1-5 (GREAT FUN!!!)	\$75	5:00 - 6:30 (every Friday)

All Illini Elite Summer Camps
Will Be Held At:

Illini Elite Training Center
3 Quest Drive, Unit #209, Bloomington, IL 61705

To register, go to: www.illinielite.com
Questions? Call: 309-829-3671

2017 Summer Camps

Sign up at www.illinielite.com



SETTING CAMPS

IE04:	July 8-9	<p>Setting - All Levels/Grades 6-12- All technical aspects of setting will be trained such as proper setting footwork, correct hand position, backsetting, developing wrist/hand strength, etc. Campers will also spend time on setting quick attacks, setting off one leg, setting with a spin off one leg, blocker recognition, offensive skills and more. All setting camps are open to athletes of all skill levels. Setters are divided into groups based on skill level at the camps so each camper gets the work and skills they need. Again this year we are offering 2-day setter position camps in addition to the 4-day camps that will be a shorter, condensed version of the 4-day camps.</p>
IE11:	July 17-18	
IE16:	July 24-27	
IE19:	July 28-29	

1st CONTACT CAMPS (Pass-Dig-Serve) - (formerly called the Libero Camp- Defense/Passing)

IE03:	July 6-7	<p>1st Contact (Pass-Dig-Serve) (Libero - Defense/Passing) - All Levels/Grades 6-12 - This is a great camp not just for libero's and defensive specialists, but for any player who needs the extra work on their defense and passing skills. The 1st contact camps cover all aspects of backcourt play and the 1st contact of the game of volleyball. The camp will emphasize all aspects of serve receive and ball control, including serve receive techniques, receiving topspin/float serves, overhand serve receive and more. The camp will also cover all aspects of defense, including movement, reading hitters, digging, overhand digging, controlling the hard hit ball, etc. Since liberos can now serve at many levels, we will also incorporate some serving into this camp. Again this year, we will offer 2-day 1st contact camps that will be a shorter, condensed version of the 4-day camp for those that might want some extra work and/or may want to try it out while doing some of the other camps as well.</p>
IE10:	July 14-15	
IE13:	July 19-22	
IE18:	July 28-29	

ATTACKING/SERVING CAMPS

IE01:	June 28-30	<p>Attacking/Serving - All Levels/Grades 5-12 - The Attacking/Serving camps cover all aspects of hitting and serving. Players at the camp will learn and work on all attacking fundamentals including the correct armswing techniques for control and power, proper footwork for attacking a variety of sets and tempos (for all player positions) as well as transition attacking concepts. The camp will break down all aspects of attacking from start to finish and emphasize proper arm and hand action for shoulder stability and health. The camp will cover all aspects of serving including the proper float serve technique, topspin serve, jump serving and more. All Attacking/Serving camps are open to all athletes of all skill levels.</p>
IE07:	July 10-12	
IE20:	July 31-Aug. 2	

NEW IEVBC TOTS & TIKES CAMP

IE22:	July 31-Aug. 3	<p>LEVEL 1: Grades K-2, 9:00-10:30. Introduction to the basic skills with an emphasis on movement and motor skill development/coordination. Fun volleyball-like skills and drills with a catch/throw emphasis, basic footwork, body control/movements and more.</p>
IE23:	July 31-Aug. 3	<p>LEVEL 2: Grades 3-4, 10:30-12:00. Like the Mini-Volleyball clinics, we will build on the basic skills with an emphasis on the 1st and 2nd contacts. Dynamic movements/footwork for beginners, coordination work, armswing development, games and more!</p>

ALL SKILLS AND COMPETITION CAMPS

IE02:	July 5-7	<p>All Skills and Competition Camps - All Levels/Grades 5-12 - The All Skills and Competition camps will cover the 6 fundamental volleyball skills in depth and more, and also include a variety of competition drills and games for the players to put their skills to work. The camps will cover the 6 basic skills of underhand passing, overhand passing, serving, attacking, movement and defense. These camps will cover concepts such as serve receive passing, individual defense, team defense, all aspects of hitting and serving, ball control and so much more. The All Skills/Competition camps are great camps for those players who are looking for the well-rounded camp experience. For the beginner players, these camps are a great way to start your training as they will give the players the foundation necessary to attend other camps and/or get ready for other summer/fall volleyball activities. The All Skills and Competition camps are open to all athletes of all skill levels.</p>
IE14:	July 19-21	
IE21:	Aug. 3-5	

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MIDDLE HITTER/BLOCKER POSITION CAMPS

IE06:	July 10-11	<i>Middle Hitter/Blocker Position Camps (Grades 7-12)</i> - The Middle Hitter/Blocker position camps started a few years ago and have been a huge success and are quite popular for those players that want to focus on the middle hitter/blocker position. There are three two-day camps which can be taken consecutively or individually. This camp will focus on the attacking and blocking skills specifically for the middle hitter/blocker position. The camp will cover all aspects of attacking quick sets, transition attacking, attacking off one leg behind a setter, all blocking concepts including footwork, hand position, reading hitters and more. Whether you are an experienced middle or new to the position, the middle hitter/blocking camps will help each player get to the next level.
IE09:	July 13-14	
IE15:	July 24-25	

OUTSIDE HITTER POSITION CAMPS

IE05:	July 8-9	<i>Outside Hitter Position Camps (Grades 7-12)</i> - The Outside Hitter position camps also started a few years ago and are among our most popular camps. There are four two-day camps this year which can be taken consecutively or individually. This camp will focus on the attacking, blocking and ball control skills specifically for the Outside Hitter position. The camp will cover all aspects of attacking, including footwork and armswing along with attacking out of serve receive and transition for both the right and left side attackers. The camp will also cover blocking concepts and techniques specifically for outside hitters as well as cover all technical aspects of serve reception. Whether you are an experienced outside hitter (right side or left side) or new to the position, the outside hitter camps will help each player get to the next level.
IE08:	July 12-13	
IE12:	July 17-18	
IE17:	July 26-27	

ATTACKING/SERVING AND DEFENSE/PASSING CLINICS (on Wednesday and Friday nights)

IECL1:	5:00-6:30 Start 6/28, End 7/28 <i>(no clinic 6/30 or 7/5)</i>	<i>Wednesday/Friday Night Clinics - Attacking/Serving (Grades 6-12)</i> - The attacking/serving clinics will run from June 28 - July 28 on Wednesday and Friday nights from 5:00-6:30. The attacking/serving clinics will cover all aspects of attacking and serving as the attacking/serving camps do over the course of 8 sessions. The attacking/serving clinics are a great option for those players who want a little more and/or those who cannot attend one of the attacking/serving day camps.
IECL2:	6:30-8:00 Start 6/28, End 7/28 <i>(no clinic 6/30 or 7/5)</i>	<i>Wednesday/Friday Night Clinics - Passing/Defense (Grades 6-12)</i> - The passing/defense clinics will run from June 28 - July 28 on Wednesday and Friday nights from 6:30-8:00. The passing/defense clinics will cover all aspects of passing (underhand and overhand), ball control and defense including digging, court movement and more over the course of 8 sessions. The passing/defense clinics are a great option for those players who want a little more and/or those who cannot attend one of the attacking/serving day camps.

MINI-VOLLEYBALL/VOLLEYTOTS (on Friday nights)

IEMV:	5:00-6:30, Start 6/30, End 7/28	<i>Friday Night Mini-Volleyball/VolleyTots - Grades 1-5</i> - Mini-Volleyball and VolleyTots is learning the skills and the game of volleyball with adjustments for the young and new players. We'll have loads of fun and cover all of volleyball's basic skills, coordination, ball handling, game play and so much more. This is a great way to get started in volleyball!
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All Day camp sessions run as follows:
 Session 1: 8:00 AM - 11:00 AM
 Lunch break: 11:00 AM - 12:00 PM
 Session 2: 12:00 PM - 2:00 PM

All campers should plan to bring a water bottle (or sports drinks, etc.) that they can refill during the day. Day campers can leave for lunch and come back or can bring a lunch to eat at the gym during their break (we can store a lunch in our refrigerator if needed). The concession stand will not be open during camp so campers should plan accordingly.