



Questions?
 Contact Us At:
 Phone: 309-829-3671 (office)
 Email: IlliniEliteVBC@aol.com

2017 Fall Junior High & Youth Volleyball Clinics

Junior High players come get ready for your Jr. High Volleyball seasons!

- Attacking/Serving Clinics cover all aspects of hitting/serving including armswing technique, hand contact, footwork, jumping, float serve, jump serve and more!
- Setting Clinics focus on all aspects of setting: footwork, hand position, strength work, location and more!
- All Skills Clinics cover all areas of the game and all of the basic skills: Underhand, overhand, attacking, movement, serving and more.

Monday Night Junior High Clinics - Grades 5-8

Jr. High Attacking and Serving
 MAS1 - 5:00-6:30 Sept. 11 - Oct. 2: \$75.00
 MAS2 - 5:00-6:30 Oct. 9 - Oct. 30: \$75.00

Jr. High All Skills
 MSK1 - 6:30-8:00 Sept. 11 - Oct. 2: \$75.00
 MSK2 - 6:30-8:00 Oct. 9 - Oct. 30: \$75.00

Jr. High Setting
 MSE2 - 6:30-8:00 Oct. 9 - Oct. 30: \$75.00

(Fall Youth Program setters and the Elite Team Training Program setters should consider signing up for a Setting Clinic to get additional specialized setter specific training)

Friday Night Junior High Clinics - Grades 5-8

Jr. High All Skills
 FSK1 - 5:00-6:30 Sept. 15 - Oct. 6: \$75.00
 FSK2 - 5:00-6:30 Oct. 13 - Nov. 3: \$75.00

Jr. High Attacking and Serving
 FAS1 - 6:30-8:00 Sept. 15 - Oct. 6: \$75.00
 FAS2 - 6:30-8:00 Oct. 13 - Nov. 3: \$75.00

Junior High Clinic Note: 5th graders with experience at Illini Elite may sign up for the Junior High Clinics. Inexperienced 5th graders or those with no previous volleyball experience should sign up for Mini-Volleyball first.

Saturday Mini-Volleyball (grades 4-5) and VolleyTots (grades 1-3)

MV1 - 1:00-2:30: \$60.00
 start September 9 - end October 7 (4 dates, *no clinic on Saturday, September 23*)

MV2 - 1:00-2:30: \$60.00
 start October 14 - end November 4 (4 dates)

Mini-Volleyball and VolleyTots are programs that emphasize motor learning through various volleyball-like skills. The young players (VolleyTots) will focus on motor development/learning, movement, skill development, volleyball-like games and lots of fun! The older players (Mini-Volleyball) will focus on motor development, basic volleyball skill foundations, 3 contact play development, a little competition and more!

ALL REGISTRATIONS MUST BE DONE ONLINE.

Go to (www.illinielite.com) to register online for all Illini Elite 2017 Junior High/Youth Clinics. We'll see you this fall!

Other Fall Junior High Programs at Illini Elite:

- **Fall Youth Program (tryouts Wednesday, Aug. 30th)**
- **Sunday Junior High Prep (starts Sept. 10th)**
- **Elite Team Training Program (tryouts Sunday, Aug. 27)**

All details/flyers can be found online <http://illinielite.com/fall-programs.html>