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2020 Illini Elite Youth Academy Summer "Train and Play" Program

The "Train and Play" Youth Academy program is back for the summer! For Levels 2-3-4 we will have one day of practice/training the basic skills to emphasize each player's individual development and improvement and then one day of game play/competition to introduce and develop game playing skills/concepts and competition.

2020 Summer "Train and Play" **Start 7/8, End 7/31**

Level 1 - \$75.00 - Friday 5:00-6:30

Level 2 - \$155.00 - Wednesday Train 5:00-6:30, Friday Play 5:00-6:30

Level 3 - \$155.00 - Wednesday Train 5:00-6:30, Friday Play 5:00-6:30

Level 4 - \$155.00 - Wednesday Train 6:45-8:15, Friday Play 6:45-8:15

Illini Elite Youth Academy Levels

Level 1 - Grades K, 1, 2 (VolleyTots)

The focus here is on movement/coordination skills and introducing the basic volleyball skills while having fun doing various volleyball related activities.

Level 2 - Grades 3, 4 (Mini-Volleyball)

Level 2 will build on Level 1 by adding more volleyball specific movement/coordination activities, while building on the fundament skills. Volleyball specific game play is introduced and expanded in Level 2.

Level 3 - Grades 5, 6

Training days will emphasize developing all of the basic skills for all players. We do not "specialize" positions at this level as we strive to make each player as well rounded as possible. Play days will introduce and build on all aspects of 6 on 6 play and all players will play all positions to give them the most well rounded experience possible.

Level 4 - Grades 7, 8

Training days will emphasize the continued development of all of the basic skills for all players, but at this level we start to develop each individual position as well with position specific training. Play days will build on all aspects of 6 on 6 play to include specific player positions, understanding rotations, serve receive and more.